

Owl sound

SOUND. COULD BE AN OWL OR A CUCKOO OR A TRAIN ...

Sensory and/or physical needs

- Great for breath control, diaphragm exercise
- Gentle ear stimulation
- Soft tones help to relax and calm

Social, emotional and mental health

Imagine being 'owls' and 'cuckoos' sitting in a tree, chatting; encourages softer, gentle and considered playing and listening.

Perhaps an old steam train flashes past and disturbs all the life in the hedgerow; in comes ceng ceng turtle to illustrate the disturbance. Then all returns to the previous calm chatting.

Music and sound-play is as much about soft and gentle as it is about pounding and beating.

Communication and interaction

Everyone plays their part in the 'Sound-scape' outlined in the previous column. Initiating, listening, responding.

Cognition and learning

Broadening listening and playing skills.

